



St. John Animal Clinic

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Pre-Anesthetic Home Medications

Fear, anxiety and stress (FAS) associated with veterinary visits affects many of our patients and likely increases when the patient is hospitalized for procedures that require anesthesia. We prescribe *previsit pharmaceuticals* to manage our patients' anxiety, as well as include an anti-nausea medication to make the visit less stressful and allow for a smoother and easier recovery.

Medications Commonly Prescribed For Pre-Anesthesia Visits:

- Cerenia: A medication to help prevent nausea/vomiting.
- Gabapentin: A pain relieving medication that has sedative effects.
- Trazodone: A medication commonly used to ease the symptoms of anxiety.

Give the prescribed medication dose(s) 1-2 hours prior to your pet's arrival to the clinic. They may be given with a small bit of food; 1 teaspoon for cats/small dogs or 1 tablespoon for medium/large dogs. Once the medication(s) begin to take effect, your pet may seem subdued or sleepy, this is normal.

There is no additional charge for the *previsit pharmaceuticals* that have been prescribed for your pet. If you are unable to administer your pet's medication(s), please bring what you have to the clinic for staff to administer. There will be an additional fee for anti-nausea injection.

Please read and follow the prescription instructions carefully and if you have any questions, please call us PRIOR to giving any medications.

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As a Fear Free Certified Practice, our entire team is committed to preventing and alleviating fear, anxiety and stress in pets. Learn more at www.fearfreepets.com

Want to learn how to give your pet their best life at home? Visit www.fearfreehappyhomes.com and become a member today. Its free!